WELCOME TO
ABBOTSFORD

Abbotsford is located within S’ólh Téméxw - the traditional territory of the Máthxwì, Semá:th, and Leq’a:mel First Nations. Tucked in the scenic Fraser Valley, with Sumas Peak, McKee Peak and Mount Baker serving as landmarks to the city, Abbotsford is BC’s largest city by geographical size and is 70% comprised of farmland. Located just 60 minutes east of Vancouver and serviced by an international airport and border crossing, Abbotsford is easily accessible with all the amenities.

In Abbotsford, we love the beautiful scenery that surrounds us. We find peace in the mountains, rivers, parks and farmland. But above all else, we love coming together to share our passions - to rejoice at the changing of seasons and bounty of the land, to find more reasons to do something special together or to gather to share a meal, cup of coffee or pint of beer in a welcoming place.

We are proud of Abbotsford and believe our community is distinct from others around us. Visitors to Abbotsford experience a tangible and memorable ‘vibe’ that can only be found here – a vibe that is born of the intentional and strategic co-mingling of experiences. This guide is intended to showcase the unique and authentic experiences our community offers while simultaneously encouraging you to explore vibrant events, great eateries, a revitalized historic downtown, art & culture offerings, epic outdoor recreation, family-friendly trails and world-class agritourism experiences.

Happy exploring!
SELXWÍ:CHEL

Abbotsford roots itself in the land that has sustained people for thousands of years. The fertile soils, winding river and stoic mountain peaks are the foundation of our city’s rich history, present day innovations, and future aspirations. The Máthxwi First Nation, Semá:th First Nation, and Leq’a:mel First Nation, who are part of the Stó:lō Nation, have lived in S’ólh Téméxw, the Fraser Valley, for thousands of years and are intricately ingrained in the land and all that it provides. S’ólh Téméxw (translated as ‘our world’ or ‘our land’) is the halq’eméylem name for the shared asserted territory of the Stó:lō. First establishing themselves along the Fraser River, or the Stó:lō, Indigenous peoples have shown us the importance of taking care of the land and instilled the gratitude we have for the bounty nature provides us with when we take care of it. We are grateful to have the opportunity and privilege to share this space with Indigenous Nations, learn from their teachings, and collaborate with their communities.

The connection that we have to our roots and to our soils evolves even further as it is our connection to each other as family, friends and neighbours that unifies our diverse community. Abbotsford is a place to celebrate the good times, support each other through challenging moments, and inspire one another for future days. It is a place to protect our cultural roots while allowing new things to grow and collaborate on innovative ideas that encourage our passions to flourish.

HOME FIRST TO THE SEMÁ:TH AND MÁTHXWI FIRST NATIONS, ABBOTSFORD IS WHERE THE CITY TURNS INTO THE COUNTRYSIDE.
ABOUT THE FRASER RIVER

Expanding across the winding back roads of Abbotsford is the longest river in British Columbia: the Fraser River. Located on the traditional territory of the hən’q’əm’iʔam and Halq’eméylem speaking peoples, the Fraser River is home to a number of nations and cultures including the Stó:lō and Musqueam Nation. Although the Fraser River was given its name from colonizer Simon Fraser, in Halq’eméylem the river’s name is Stó:lō which translates to “river.” The Stó:lō people are known as the People of The River and were the first People to establish themselves along the beautiful stretch of water.

The river preserves a rich history and connects nations across Abbotsford and beyond; traveling 1357 km from the Rocky Mountains to Vancouver. It was traditionally used as a transportation route and food source for Indigenous nations residing alongside the water and is home to diverse ecosystems and breathtaking Fraser Valley landscapes.
FARM FRESH

From fields of fragrant lavender to endless rows of ripe berries you can pick yourself, Abbotsford is a farm tour capital. As part of the Fraser Valley’s Circle Farm Tour program, Abbotsford offers a wide selection of farms with activities suited to the whole family. With a rich history in agriculture, Abbotsford’s seasoned growers offer learning, participation and shopping experiences that will stay with observers for a lifetime.

The city’s innovative farming industry cultivates rich and connected community experiences while highlighting the abundance of farm to table ingredients grown right in our backyards. Experienced foodies, local families and passing neighbours are encouraged to experience one of the largest agricultural regions in BC.

Pick blueberries straight from the bush, bite into crisp heirloom vegetables, and indulge in specialty crafted cheeses sourced from local dairy. There truly is no better place to experience farm fresh ingredients than in Abbotsford.

The Fraser Valley Circle Farm Tour program provides folks with a roadmap to some of the best spots in town. Download the community brochures and maps at thefraservalley.ca to plan your independent guide, or visit us online or on social media.

#circlefarmtour

DID YOU KNOW?

LEARNING ABOUT WHERE FOOD COMES SUPPORTS THE LOCAL ECONOMY AND CLOSES THE GAP BETWEEN FARM AND TABLE. BY DOING SO, WE CAN SUPPORT INNOVATIVE FARMING PRACTICES AND INCREASE OUR APPRECIATION FOR HOW FOOD WAS PRODUCED, HARVESTED AND PROCESSED!
Neighbouring the Okanagan Valley, the Fraser Valley’s uniquely mild coastal climate and rich soils allow a diverse range of crops to be planted, nurtured, steadily ripened and harvested each season. With hundreds of acres allocated to growing your favourite beverage ingredients, Abbotsford is home to some of the most breathtaking and unique tasting experiences in BC.

Indulge your taste buds in classic grape varietals, berry wines, seasonal ciders and specially brewed honey mead. If beer is more your style, dive into award-winning brews crafted from locally grown hops.

Grab a friend and spend a day traveling down the backroads of the Fraser Valley to scope out some of the city’s best drink destinations. Abbotsford’s beverage scene caters to every occasion, every season and every palate—no matter how refined.
Wineries

**CANNON ESTATE WINERY**
30523 Burgess Avenue

Abbotsford's newest winery, Cannon Estate Winery is a family-owned vineyard that is dedicated to creating top calibre wines. Rumour has it that their Rêverie 2021, their Provence-style Syrah Rosé, and Bonhomous 2021, have already impressed even the hardest critics.

**MAAN FARMS ESTATE WINERY**
790 McKenzie Road

From vine to glass, Maan Farms only uses high-quality fresh fruit and processes with minimum sulfites. Award winning varietals include a Strawberry/Raspberry blend, Blueberry and Blackberry wines.

**MT. LEHMAN WINERY**
5094 Mount Lehman Road

Owned by the Siemens Family, Mt. Lehman Winery specializes in limited-edition artisan wines, rooted in excellence and quality. Branded as a local favorite, and with 80 acres of red and white wine grape varietals, highlights include the Brawny Tawny, the Pinot Noir and Pinot Noir Reserve.

**RIPPLES ESTATE WINERY & NEW WAVE DISTILLING**
3387 Tolmie Road

Ripples infuses its own antioxidant-rich farm-fresh blueberries, producing beautiful hand-crafted fruit wines. True to most wineries in Abbotsford, Ripples is family-owned and operated. Top picks include Intemperance, Antheia, a port-style fortified wine, and the fruit wine, Cupere.

**SEASIDE PEARL FARMGATE WINERY**
5290 Olund Road

Located in the Mt Lehman area, Seaside Pearl has the vision of cultivating, creating, and sharing ‘world class’ wines that whisper elegance and distinction. Balanced with richness and delicacy, feature wines include the Royal Engineers Petit Verdot, Landing Road Red Blend, and Sam and Isaac Pinot Gris.

**SINGLETREE WINERY**
5782 Mount Lehman Road

This award-winning family-owned and operated winery offers a portfolio of wines that pay respect to the family’s deep farming roots. Their premium grapes showcase the aromatic and crisp flavors created by BC’s warm summer, mild winters, and nourishing soils with varieties like Siegerrebe and Grüner Veltliner.
**Hops/Beer**

**CANUCK EMPIRE BREWING COMPANY**  
33797 King Road  
Canuck Empire Brewing Company is a nano brewery located near Abbotsford Centre and UFV. Take a seat and try one of their locally brewed beers with one of their tasty menu items like the grilled cheese, or swing by and fill a growler to go!

**FIELD HOUSE BREWING**  
2281 West Railway Street  
Field House is one of Abbotsford’s busiest breweries, and for good reason! From their extended front lawn patio to the cozy fireplace inside, it’s a great place to spend an evening with friends. In addition to the good beer and good vibes, they also serve up some delicious food!

**LOUDMOUTH BREWING**  
140 – 2582 Mt. Lehman Road  
Located just down the road from Tradex and Abbotsford Airport, Loudmouth is a good times expert! Serving in-house made craft beer and craft soda, as well as scratch food offerings like their famous Loudmouth burger and pizzas, this brewery is one not to be missed!

**OLD ABBEY ALES**  
30321 Fraser Highway  
With new beers on tap often, as well as their 6 popular flagship beers, there is something to suit the taste of every beer drinker. Looking for a fall brew that’s inspired by the harvest season? We recommend the Rye Pale Ale!

**OLD YALE BREWING**  
33738 Laurel Street  
Recognized as a Chilliwack favourite, Old Yale Brewing has now opened in Abbotsford and you don’t want to miss out. With over 200 seats, including a 30-seat patio, this location features 15 beers in addition to wine, cider, and cocktail drinks. There are also campfire inspired snacks to be enjoyed!

**RAVENS BREWING COMPANY**  
37455 Kilgar Road  
With a new location near Teq’qéyex (Sumas Mountain), this proudly Indigenous run brewery is currently working on re-opening their tasting room. In the meantime, stop in and grab a pack of the Sumas Mountain Lager to go, or one of their other tasty brews!

**TRADING POST BREWING**  
3058 Gladwin Road  
Langley’s Trading Post Brewing opened an Abbotsford location in 2018. This spot features 187 seats, an all-season patio, full kitchen, growler fills and packaged beer to go. In addition to serving their own beer on tap, they also feature beers from other Abbotsford breweries.

**Other “Spirited Sips”**

**CAMPBELL’S GOLD HONEY & MEADERY**  
2595 Lefeuvre Road  
The Fraser Valley’s ultimate honey destination! Sample natural source honeys and artisanal honey wines while you learn about ‘all things honey’. Educational tours, classes and workshops can be booked by appointment.

**TAVES ESTATE CIDERY**  
333 Gladwin Road  
From April through December, Taves Estate Cidery offers growler fills, tasting flights, and unique bottled ciders. Everyone is invited to come out and sip the orchard-to-bottle flavours while hanging with Billy the goat and his gang of troublemakers.
LOCAL EATS

From extraordinary farm-to-table creations and inspiring seafood meals to locally sourced burgers and expertly seared steaks, Abbotsford’s eateries are sure to impress the palettes of all foodies.

In Abbotsford, you will find familiar favourites amongst the flourishing food scene. With more than 200 eateries and exciting farm-to-table events happening all year round, the city is never short of dynamic food options.

Treat yourself to a delicious coffee and handcrafted pastry at a cafe, enjoy a meal al fresco on a patio, or pick up fresh ingredients from one of our local farm markets to create your own picnic or chef-inspired masterpiece. Immerse your senses and marvel at the flavours of homemade, homegrown meals served up at Abbotsford’s rich and diverse eateries.

What are you craving?

Check out the Local Eats page on our website at tourismabbotsford.ca/explore/eats/ or download our Explore Abbotsford app for a listing of local eats including restaurants, cafes, and our treat trail!
Get Caffeinated and Treat Yourself

Rich espresso and specially crafted coffees pair perfectly with fresh pastries and decadent desserts. Indulge your sweet tooth in homemade ice cream and mouth watering donuts made from scratch. Abbotsford is home to many coffee houses and dessert locations that serve both classic and unique offerings. Get in on the secret and explore local fan-favourites at these Abbotsford dessert and coffee shops.

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<th>AURORA’S CAFE</th>
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<td>111 – 1975 McCallum Road</td>
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Abbotsford is a great place to raise a family, or to escape from busy city life for a weekend. People of all ages will love the opportunities to get out in our wide open spaces, breathe in the fresh air, and explore what life is like on the farm! Taves Family Farm offers summer and fall activities that the whole family will enjoy. With u-pick strawberry and apples, hay rides, pumpkin patch, corn mazes and pedal bikes, there are plenty of activities to be explored. Maan Farms is a great place to find your inner yogi with goat yoga, participate in seasonal festivals and events—featuring Canada’s scariest corn maze—and pick some of the freshest berries in berry season!

There’s no shortage of indoor activities, too: Mini golf and arcade games at Castle Fun Park are a local favourite, or try out indoor rock climbing at Project Climbing Centre and put your agility to the test. If you prefer to problem solve, EXIT offers exhilarating escape room experiences for you to try your hand at, and Play Abby offers indoor play and activity centres for young adventure seekers.

No matter what you and your family choose to do in Abbotsford, you are sure to make amazing new memories to take home with you.
UNIQUE SPOTS

As you explore Abbotsford, you’ll discover an abundance of hidden gems and unique spots that are local favourites. Many artisans and boutiques offer a variety of homemade and handcrafted products produced in the Fraser Valley, while other businesses work to deliver exciting and unique outings.

Whether you’re ready to experience the thrill of virtual reality or are looking for a cool hangout spot to chill with friends, Abbotsford is home to an eclectic selection of trendy businesses and extraordinary boutiques that every hobbyist will enjoy.

BOARD GAME ENTHUSIAST? CHECK OUT BOARDWALK CAFE & GAMES
33760 Essendene Avenue
Offering Dungeons and Dragons drop-ins, board game meet-ups and weekly chess tournaments, Boardwalk Cafe is the spot for adventure game enthusiasts. With over 600 table top games, local brews and candy flights on site, this Abbotsford favourite is the perfect spot to test out your skills or try a new game.

BOOK COLLECTOR AND AVID READER? YOU MUST VISIT THE BOOKMAN
2630 Bourquin Crescent West
If your TBR list is growing and you want to check out a new and used bookstore, The Bookman is a perfect place to satisfy your book needs. Not much of a reader? The towering shelves of paperbacks are sure to inspire you to pick up the next best seller.

TECH LOVER? TRY OUT VIRTUAL REALITY GAMES AT VRCORE
2 – 2712 Clearbrook Road
With only two locations in BC, this Abbotsford hotspot is a must visit for your next virtual reality adventure. Hosting a wide variety of VR games, from family-friendly puzzles to fast-paced excursions, VRCore allows you to experience a new way of gaming in the heart of Abbotsford.

AMATEUR POTTERY ARTIST? SPEND THE AFTERNOON AT THE CLAY COTTAGE
2536 Montrose Avenue
If you’ve ever wanted to try your hand at crafting your very own ceramics, The Clay Cottage is a great spot to build your skills! Offering reasonable prices, over 100 different ceramics to choose from and a welcoming atmosphere for all levels of creativity, this a great spot for the whole family or to challenge your very own artistic skills!

LOOKING FOR LAVENDER? TUSCAN FARM GARDENS IS A MUST-VISIT SPOT FOR YOU
6834 Mount Lehman Road
Tuscan Farm Gardens is home to thousands of lavender plants that are sure to fill your senses with relaxing fragrances and breathtaking views. Not only does this working farm have fields of flowers to explore, but they also sell all-natural products made from the crops around the property, including lavender ice cream and fresh lemonade.

LOOKING TO SIP, SHOP, GATHER, GRAZE? HIT UP RE:VIVE BOUTIQUE BISTRO
33757 South Fraser Way
Located in downtown Abbotsford, Re:Vive Boutique Bistro combines the aesthetics and tranquil shopping experience of a boutique with a unique bistro. Dive into tasty brunch offerings and local wine tastings while exploring the boutique’s handcrafted decor, jewelry and other unique items.
ABBOTSFORD ON NOW

No matter the time of year, Abbotsford has an array of exciting events and festivals to be enjoyed every season. Whether you are a local searching for weekend activities or a visitor seeking new and exciting community outings, there are a variety of things for friends, families and individuals to participate in throughout the valley.

Fall/Winter

NAGAR KIRTAN PROCESSION
The Nagar Kirtan Procession takes place every year on the first Sunday in September at the Gurdwara Sahib Kalgidhar Darbar (Sikh Temple). The parade involves transporting Sikhism's holy scripture, Guru Granth Sahib, on a float through the streets while singing devotional hymns. Everyone is welcome!

TASTE OF ABBY
One of the first events of the fall, Taste of Abby Fall Food Festival celebrates the peak of harvest season in the Fraser Valley. Over nine days in September, take advantage of the many opportunities to savour unique culinary experiences; explore a selection of diverse events, tasting menus and limited-edition creations. Treat your palate to Abbotsford’s rich history, culture and cultivations at this premiere food celebration in the beautiful Fraser Valley.

WINTER JUBILEE
Kick start the holiday season by checking out the Winter Jubilee celebration in Historic Downtown Abbotsford. This event is great for the whole family and includes live music, clothing drives, a beverage lounge, cookie decorating, food vendors and a meet and greet with Santa. Be sure to stick around to take in the magic of the annual tree lighting event and watch the street fill with festive cheer.

Summer/Spring

ABBOTSFORD AGRIFAIR
The Abbotsford Agrifair has a rich history of bringing the community together to celebrate its agricultural roots through programs, entertainment, food, education, and so much more. Bring your family to “The Best Little Country Fair” in one fun-packed weekend in August.

ABBOTSFORD’S CANADA DAY
Our community celebration begins with a parade along our main street, followed by a family festival at the Abbotsford Exhibition Park, with interactive play zones, main stage entertainment, and a multi-cultural themed food truck festival!

ABBOTSFORD FARMER’S MARKET
Abbotsford Farm & Country Market takes place at Jubilee Park, every Saturday morning from May to end of October. It combines the best of a modern market experience with a traditional “make, bake, or grow” principle for its juried vendors. The majority of vendors are growers and food producers from the Abbotsford area.

ABBOTSFORD INTERNATIONAL AIRSHOW
One of the largest annual events in the province, the Abbotsford International Airshow is an extraordinary experience for spectators of all ages. Military and civilian aerial performers take the air for dazzling shows while over 40 food trucks serve up mouth-watering meals to enjoy. Step into the aircraft displays, meet the pilots, explore flight simulators and check out the merchandise at this must see summer event in August.
**BERRYFEST**
Berry marketplace, berry-go-round and ferris wheel rides, berry treats, berry baking and cooking demos, berry bake off, berry gardening demos—berry everything! Berryfest is held in Historic Downtown Abbotsford and is a fun July event for every berry lover. You won’t want to miss out on the entertainers, food trucks, craft beer and wine garden and children’s activities.

**JAM IN JUBILEE**
This summer concert series and community art market in Downtown Abbotsford’s Jubilee Park sets the stage for some of the best local talent in the Fraser Valley. Bring the family (dogs included!), set up lawn chairs and enjoy the wide range of performances. This is a great event to support local artists and explore vendors unique to the Abbotsford area.

**LAKELAND FLOWERS**
Home to the Abbotsford Tulip Festival, Lakeland Flowers is the place to go for all your flower needs, producing millions of tulips, peonies, sunflowers, daffodils, and lavender from April to September. With dozens of seasonal varieties to choose from, this working farm has established itself to be one of the best places for freshly cut flowers in the Fraser Valley.

**SUN & SOIL**
The popular Sun & Soil Concert Series is hosted in several Fraser Valley locations, including Abbotsford. Experience an evening listening to local musicians while relaxing on a farm, enjoying local food and drinks, and connecting with the farmer!

**SYMPHONY IN THE PARK**
Symphony in the Park is a unique outdoor experience for all music lovers. The annual event invites viewers to an evening of orchestral performances of movie soundtracks and broadway music, and features local professional musicians from across the lower mainland. Prepare to enjoy some snacks from food trucks and sit back and enjoy the show.

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Keep up to date with what’s on now by checking out our event calendar: tourismabbotsford.ca/events/
SHOPPING

Being ‘the hub of the Fraser Valley’ makes Abbotsford a must-visit for any shopping lover.

HISTORIC DOWNTOWN ABBOTSFORD

Shop or dine in Historic Downtown Abbotsford! As one of Abbotsford’s oldest neighborhoods, you’ll find a thriving community of restaurants, cafes, shops and boutiques offering specialty items not found in the larger shopping centres. It is a pedestrian-oriented area with vibrant, interesting streetscapes and building facades that creates a unique shopping experience.

HIGHSTREET

3122 Mount Lehman Road

Highstreet is the Fraser Valley’s premier shopping, dining and VIP theatre destination. This 600,000 square foot open-air shopping centre provides visitors with the kind of urban experience that used to be a much longer trip in the car. Take in a movie, grab something to eat at a casual eatery, or explore diverse retail stores including H&M, Sephora, Lululemon, Marshalls, Walmart and more.

SEVENOAKS SHOPPING CENTRE

32900 South Fraser Way

Sevenoaks Shopping Centre is the indoor place to meet your clothing, beauty, households, or electronic needs. There is something for everyone with services, food establishments, and over 100 retail stores including Best Buy, The Bay, and the new London Drugs location. Sevenoaks is located in the heart of our city centre!

WEST OAKS MALL

32700 South Fraser Way

Also located in the heart of our city centre, West Oaks Mall has all your daily needs with Save-On-Foods, Atmosphere, Party City, and Michaels! Shop for the latest trends and the best deals in town!
Thrifting

It's no secret that thrifting has become very trendy amongst people over the last few years. Not only is thrifting a great way to save, but it's also a sustainable way to give back to the community. It helps reduce your city's environmental footprint by reducing landfill waste and providing a second home to previously loved items!

Abbotsford has made quite a name for itself within the thrifting community as one of the most popular cities to discover unique finds. Spend a day (or two!) thrifting in Abbotsford by checking out these thrifting hot spots:

ABBOTSFORD BIBLES FOR MISSIONS
2337 West Railway Street

HIDDEN TREASURES
2657 W Railway Street

LIFE’S SECOND CHANCE
7 – 31550 South Fraser Way

MCC CENTRE THRIFT
33933 Gladys Avenue

MCC CLOTHING ETC.
31872 South Fraser Way

ONCE UPON A CHILD
2043 Abbotsford Way

PLATO’S CLOSET
#2B – 34150 South Fraser Way

THE SALVATION ARMY
34081 Gladys Avenue

VALUE VILLAGE
31970 South Fraser Way
ARTS & CULTURE

Abbotsford is home to many vibrant and diverse people with strong connections to the local Sumas and Matsqui Indigenous peoples, European cultures, and Sikh heritage. These connections are deeply woven into Abbotsford’s artistic expressions and heritage locations and enrich our streets with visions of beauty, identity and history. Explore some of these unique displays of arts and culture and marvel at the history and talent showcased in the community.

The Reach Gallery Museum is at the heart of Abbotsford’s art scene and features many local contemporary artists. The gallery presents a year-long schedule of exhibitions and community programs that engage with viewers and encourages aspiring creatives to pursue their passions. Gallery 7 Theatre, the Mennonite Heritage Museum, several other historical sites and numerous public art installations are also a part of Abbotsford’s thriving arts and culture community with local shows and programs regularly happening throughout the city.

Filming Hotspot

Recognize streets or buildings in some of your favourite films? It may not be a coincidence. Abbotsford’s rolling hills, unique landscapes and popular hangout spots have hit the big screen—making the city a filming hotspot for blockbuster hits.

In the past few years, Abbotsford has been the backdrop to hundreds of productions including Chilling Adventures of Sabrina, Good Boys, The Mighty Ducks: Game Changers, The Mountain Between Us, and some of your Hallmark favourites!

Visit https://tours.zoomprospector.com/ABBOTSFORD/tour/125 to see if any of your favourites are in the city’s Abbywood Walk of Fame Self-Guided Tour!

Instagram Worthy Murals in Downtown Abbotsford

If you wander down the streets of Downtown Abbotsford, prepare to be amazed by the public art that decorates the exterior walls of many buildings. Brighten up your Instagram page with shots of Abbotsford’s community murals and marvel at the talent of local artists. From vibrant pink flowers and breathtaking visions of ocean life to towering quotes of hope and resilience, Abbotsford’s murals aren’t just beautiful to look at, many of them hold long standing messages to inspire those who pass by. Be sure to tag #ExploreAbbotsford on your next visit!
ABBOTSFORD ARTS CENTRE
2329 Crescent Way

ABBOTSFORD ARTS COUNCIL
KARITON ART GALLERY
2387 Ware Street

FRASER VALLEY STAGE
33771 George Ferguson Way

GALLERY 7 THEATRE
#100-34595 3rd Avenue

MATSQUI CENTENNIAL AUDITORIUM
32315 South Fraser Way

THE GUR SIKH TEMPLE AND SIKH HERITAGE MUSEUM
33094 South Fraser Way

THE MENNONITE HERITAGE MUSEUM
1818 Clearbrook Road

THE REACH GALLERY MUSEUM
32388 Veterans Way

TRETHEWEY HOUSE
2313 Ware Street
EXPLORE THE OUTDOORS

Tucked against a skyline of forested mountain peaks houses Abbotsford’s rugged downhill bike trails, scenic hikes amongst waterfalls, and the legendary Teq’qéyex (Sumas Mountain).

With over 2,500 acres of green space, 276 kilometers of trails, and 192 parks to choose from, you won’t have to travel far to experience some of the best outdoor adventures on the West Coast. So brush off your hiking shoes, breathe in the fresh mountainous air, and go explore the beautiful outdoors!

Don’t forget to tag us in your excursions @tourismabbotsford or use the hashtag #ExploreAbbotsford and you may be featured in our Weekly Roundup!

Take a Hike

**ALBERT DYCK MEMORIAL PARK**
Difficulty level: 1/5
The highlight of Albert Dyck Memorial Park is the man-made lake created from a formal industrial cement-work pit. The lake invites swimming, fishing, sunset picnics on the sandy beach, trail walks, and wildlife viewing!

**FISHTRAP CREEK**
Difficulty level: 1/5
Fishtrap Creek was originally built as a large stormwater management facility to minimize the downstream flooding caused by urbanization. The park includes a paved loop that wanders through creeks, wetlands, peninsulas and islands. Extensive native plantings were designed to reflect local conditions and to enhance habitat for fish and wildlife.

**MILL LAKE PARK**
Difficulty level: 1/5
Located in central Abbotsford, there’s something for everyone at Mill Lake. Enjoy the flat, paved 2.3 kilometer trail circling the lake at your own pace, taking in the variety of waterfowl and migratory birds and spectacular view of Mt. Baker. Pack a lunch and enjoy a spot by the spray park, playground, or in one of the many quiet picnic areas.

**WILLBAND CREEK PARK**
Difficulty level: 1/5
Perfect for bird enthusiasts! This flat 2.6 kilometer looped trail begins from the parking lot and circles around two retention ponds. Features include beautiful prairie views with mountain ranges in back, urban wetlands (139 different bird species have been seen at this site), parking lot, and picnic area. One part of the trail parallels Highway 11, so expect some noise from fast-moving traffic.
ENJOY ABBOTSFORD TRAILS RESPONSIBLY:

The Fraser Valley Conservancy shared these tips on how to protect Abbotsford's outdoor trails, hikes and parks:

• Stay on trail! For your safety and to maintain the beauty of our parks, only walk on designated trails.
• Keep your dog on-leash! As much as Fido may love to roam free, dogs can easily damage important habitats with their curious paws.
• Pack it in, pack it out! Don’t leave any garbage, food, recycling or pet waste on the trail! Go the extra mile by picking up any litter you notice others have left.
• As the adage goes, leave nothing but footprints, take nothing but pictures. Leave all plants, stones, and natural objects where you find them, take a picture home with you instead.

MATSQUI TRAIL REGIONAL PARK
Difficulty level: 2/5
Enjoy a leisurely six kilometer walk along the Fraser River on the well-groomed trails at Matsqui Trail Regional Park. This flat and low-level hike gives visitors views of riverbanks overlooking Mission, tranquil farmland, and the surrounding Cascade mountains. There is also an inviting picnic area adjacent to the parking lot for your afternoon lunch.

DISCOVERY TRAIL
Difficulty level: 3/5
Connecting east and west Abbotsford, this extensive trail system, including the popular Clearbrook Park and Downes Bowl, is great for walking, jogging, cycling, and roller-blading. Winding through natural habitats like forests and ponds, the paved interpretive trails allow for exercise, learning, and observing.

SUMAS MOUNTAIN REGIONAL PARK
Difficulty level: Varying levels based on trail
Sumas Mountain Regional Park is a 1,471-hectare park with trails that link to a larger network outside the park’s boundaries. The popular Chadsey Lake Trail takes you from the upper parking lot to scenic Chadsey Lake (previously known as Lost Lake). Popular recreational activities in this park include hiking, trail running, and mountain biking.

SUMAS PRAIRIE DYKE TRAILS
Difficulty level: Varying levels based on trail
Located in Sumas Prairie are the Dyke Trails: Arnold, McKay Creek, Sumas River, Barrowtown and Vedder Trails. Passing through the agricultural heartland of Abbotsford, hikers will take in the acres of blueberry and raspberry fields as well as the many dairy farms. The Dyke Trails are geared to many activities including birding, walking, running, cycling, and horseback riding.

BC Bird Trail
Look up, stay grounded. Abbotsford is a bird-watching hot spot and is proud to be part of the BC Bird Trail! Check out bcbirdtrail.com for birding itineraries.

Dog-Friendly Spots
Check out the four off-leash dog parks in Abbotsford including:
• Gladwin Park
• Bateman Park/Stoney Creek
• McKay Creek Park/Sumas Dyke
• Clearbrook Park
SPORTS & RECREATION

From pickleball and mountain biking to baseball, curling and soccer, Abbotsford is home to numerous amenities for every sport and season.

Showcase your mastery at one of Abbotsford’s 17 baseball diamonds, six sheets of ice and 10 impressive pickleball courts. With multiple sports fields scattered throughout the city and various sport participants perfecting their skills, Abbotsford’s sports and recreation programming continues to grow each year.

Host your next sporting event at Abbotsford’s Exhibition Park—a world-class 75-acre park boasting a wide variety of indoor and outdoor facilities, including: ball diamonds, playing fields, boardrooms, show barn, arena, cricket pitch, a track & field stadium and BMX track.

Top Recent Sporting Events Hosted in Abbotsford

- 55+ Games
- BC Summer Games
- BC Volleyball Championships
- BC Rugby Club Championships
- Canada West Short Track Speed Skating Championships
- National Wakeboard Championship
- GeoWoodstock and many more!

DID YOU KNOW?

THE UNIVERSITY OF THE FRASER VALLEY IS HOME TO THE ENVISION FINANCIAL ATHLETIC CENTRE AND REGULARLY HOSTS VARSITY BASKETBALL AND VOLLEYBALL GAMES. BE SURE TO CHEER FOR UFV’S HOME TEAM NEXT TIME YOU ARE AT A GAME. GO CASCADES!
Let’s Go Golfing

Abbotsford is home to two 18-hole golf courses and one 9-hole course. Each offers unique, year-round experiences and different course landscapes so you are sure to find what you are looking for. There’s a tee time waiting for you!

FRASERGLEN GOLF COURSE & TRAINING CENTRE
36036 South Parallel Road
Located just off Highway 1 via the Whatcom Road exit, Fraserglen is a fun, challenging and affordable mid-length, 18-hole golf course. Its flat tree lined fairways make for an easy walk for golfers of all ages, yet its greens are well bunkered making the course a challenge for golfers of all levels. If you are looking for a fun course that can be played in three hours, yet is challenging enough to make you use every club in your bag, Fraserglen is the course for you.

LEDGEVIEW GOLF
35997 McKee Road
One of the most popular courses in the Fraser Valley, golfers of all levels are invited to enjoy the thrill of the game at the course that has produced some of Canada’s greatest golfers in recent years. Featuring three par 5’s—one over 500 yards — Ledgeview’s rolling hills and nature-filled vistas provide a picturesque backdrop for every stroke. Check out their website for a hole by hole video tour of the course!

VALLEY GOLF CENTRE
4211 Gladwin Road
Offering reasonably priced rounds, including a 10-round pass, this 9-hole golf course features four par 4’s and five par 3’s for you and the whole family to enjoy. Lesson packages and an impressive junior program makes this a great spot for beginner golfers. Not in the mood to test out the course? Valley Golf Centre’s driving range features 12 fully covered, heated stalls and 27 outdoor stalls, making it a popular spot to practice your stride before enjoying a few goodies from the licensed snack bar.
ACCOMMODATION

From large hotels to quaint bed and breakfasts, you'll find the solution to your accommodation needs in Abbotsford.

**ABBOTSFORD SUPER 8**
1881 Sumas Way
super8.com
604.853.1141

**ALPINE INN**
32111 Marshall Road
thealpineinn.ca
604.859.3171

**LÁ:LEM TE BAKER AT UFV**
1385 McKenzie Road
ufv.ca/residence/guest-and-group-accommodations
604.504.7441

**BEST WESTERN PLUS REGENCY INN & CONFERENCE CENTRE**
32110 Marshall Road
bwregency.bc.ca
604.853.3111

**BROOKSIDE INN BOUTIQUE HOTEL**
2379 Chardonnay Lane
brooksideinn.ca
604.856.3300

**CLARION HOTEL & CONFERENCE CENTRE**
36035 North Parallel Road
clarionabbotsford.com
604.870.1050

**COAST ABBOTSFORD HOTEL & SUITES**
2020 Sumas Way
costhotels.com
604.853.1880

**RAMADA ABBOTSFORD**
2073 Clearbrook Road
wyndhamhotels.com
604.756.4090

**SANDMAN HOTEL & SUITES**
32720 Simon Ave.
sandmanhotels.com/abbotsford
604.556.7253

**SANDMAN HOTEL ABBOTSFORD AIRPORT**
3010 Mount Lehman Road
sandmanhotels.com/abbotsford-airport
604.859.7263

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**DID YOU KNOW?**

TOURISM ABBOTSFORD IS HAPPY TO ASSIST IN SECURING ROOM BLOCKS FOR LARGE GROUPS AND EVENTS.
### Attractions & Shopping

1. **Birchwood Dairy**  
   1154 Fadden Road  
   604.857.1315

2. **Castle Fun Park**  
   36165 North Parallel Road  
   604.850.0411

3. **Chances Casino**  
   30835 Peardonville Road  
   604.856.5522

4. **Clayburn Village Store & Tea Shop**  
   34810 Clayburn Road  
   604.853.4020

5. **EcoDairy Eco Farm**  
   1356 Sumas Way  
   604.557.5481

6. **Fraser Valley Trout Hatchery**  
   34345 Vye Road  
   604.504.4716

7. **Highstreet Shopping Centre**  
   3122 Mount Lehman Road  
   604.381.3934

8. **Historic Downtown Abbotsford**  
   604.850.6547

9. **Lepp Farm Market**  
   33955 Clayburn Road  
   604.851.5337

10. **Maan Farms Country Experience**  
    790 McKenzie Road  
    604.864.5723

11. **Mill Lake – Lekw’óqwem**  
    2310 Emerson Street

12. **Play Abby Indoor Playground**  
    #5 – 2043 Abbotsford Way  
    604.853.7529

13. **Sevenoaks Shopping Centre**  
    32900 S Fraser Way  
    604.853.1339